

The best approach to remove [fire ants](#) is a two-step method: instant killer and a season-long poison.

Amdro and Scotts both have quick kill formulas available. They're good for clearing an area quickly.

For long-term control, Texas A&M favours [bifenthrin](#), an insecticide found in [Over 'N Out](#). The ants don't yet realize it's a poison. It affects their nervous system and paralyzes them, making them unable to feed the brood or the queen, who die about 4 weeks later.